

Dear Perspective Students to Manna's Martial Arts,

Let me begin by congratulating you on taking the first steps in your journey to becoming a Black Belt. It cannot be emphasized enough how joining Manna's Martial Arts is a journey for all ages with varying abilities, varying experiences and varying reasons to begin this new challenge. By walking through the door into Manna's Martial Arts you have already demonstrated you are ready for these new challenges and a refreshing way to look at life.

The first thing I noticed when I started training at Manna's Martial Arts was the positive attitude the instructors and students possessed. On my first day of training every student in class made a point to introduce themselves. I have been a new student to several different martial arts studios and this was the first one where I felt welcome from the moment I stepped onto the training floor.

While training at Manna's Martial Arts I found a safe environment tailored to everyone's individual learning and physical abilities. Safety was always a point of emphasis whether it was practicing drills individually or with another student. Grand Master Manna was always able to clearly explain the body mechanics involved with different techniques and their application. He was also very diligent to remind us adult students that careful training will provide greater results than going beyond our own limitations which can result in unnecessary injuries.

The experience at Manna's Martial Arts is more than learning the art of martial combat. It is an opportunity to be part of a family where you can develop great relationships while you work on your fitness and find rewarding results in your accomplishments.

Best of luck to you,



Matthew Burkhalter

Eternal Mountain Biker and Martial Arts Student

Pedal (Train) with a purpose!

Pedal (Train) now! Pedal (Train) later!